

‘Plant-A-Row for the Hungry’ Information provided by Country Way Garden Center



Country Way Garden Center

Greater Rochester Volunteer Chapter of the
PAR For the Hungry Campaign
2755 Penfield Rd, Fairport, NY 14450
585-377-9810 www.MyCountryWay.com

Country Way Garden Center is the Greater Rochester Chapter of the ‘Plant-A-Row for the Hungry’ Campaign, launched by the Garden Writers Association in 1995 to help feed the hungry in local neighborhoods and communities. (www.gardenwriters.org) At Country Way we are coordinating with Foodlink to help bring garden fresh produce grown in backyards across the area to those most in need of this nutritious harvest. Thank you for joining with us to support this effort by pledging to plant an extra row of produce in your garden and donate it to ‘Plant-A-Row for the Hungry’ and Foodlink. Here is information about the campaign.



Plant A Row for the Hungry is a people-helping-people program to help feed the hungry in local neighborhoods and communities. Launched in 1995 by the Garden Writers Association (GWA), *Plant A Row* encourages gardeners to grow a little extra and donate the produce to local soup kitchens and food pantries serving the homeless and hungry.
www.gardenwriters.org

Foodlink, (936 Exchange Street, Rochester, NY 14608) the regional food bank, provides food, nutrition, education, and resources in the Genesee Valley and Finger Lakes. As a member of the Feeding America network of food banks, Foodlink rescues and redistributes more than 8.5 million pounds of food to 550 human service agencies. While the distribution of food to reduce hunger remains the foundation of Foodlink’s activities, the vision is more holistic: to end hunger, build self-sufficiency, and foster nutritional wellness.
www.foodlinkny.org

What to Grow:

Produce that works best is firm clean fruits and vegetables. (Ex. broccoli, cauliflower, cabbage, carrots, peas, green beans, tomatoes, sweet peppers, squash, zucchini, beets, potatoes, onions or garlic.)

Where to bring your donated produce at harvest time:

1. Country Way Garden Center- we are a collection point. We have arranged pick-ups by Foodlink twice a week during harvest. Bring you produce in on Sundays or Thursdays to coincide with their pick-up days www.MyCountryWay.com
2. Foodlink's downtown warehouse- contact the warehouse to arrange a drop off (328-3380) during their business hours (Mon-Fri 8am-4:30pm). They are located at 936 Exchange Street, Rochester www.foodlinkny.org
3. Freshwise Farm- operated by Foodlink, contact the farm to arrange drop-off (872-7303) during their business hours. The farm is located at 1345 Penfield Center Road, Penfield. www.freshwise.org